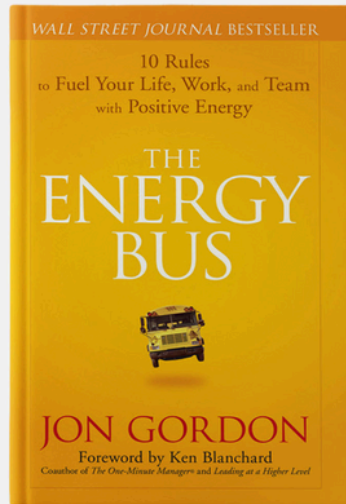


# THE ENERGY BUS

FUEL YOUR WORK, LIFE, AND TEAM  
WITH POSITIVE ENERGY

WORKSHOPS, KEYNOTES, AND COACHING



## USE THE ENERGY BUS PRINCIPLES TO BUILD A HIGH PERFORMING TEAM AND CULTURE.

Gather your team and spend time developing your mindset and teamwork.

- RULE #1 YOU'RE THE DRIVER OF YOUR BUS
- RULE #2 DESIRE, VISION AND FOCUS MOVE YOUR BUS IN THE RIGHT DIRECTION
- RULE #3 FUEL YOUR RIDE WITH POSITIVE ENERGY
- RULE #4 INVITE PEOPLE ON YOUR BUS AND SHARE YOUR VISION FOR THE ROAD AHEAD
- RULE #5 DON'T WASTE ENERGY ON THOSE WHO DON'T GET ON YOUR BUS
- RULE #6 POST A SIGN THAT SAYS "NO ENERGY VAMPIRES ALLOWED" ON YOUR BUS
- RULE #7 ENTHUSIASM ATTRACTS MORE PASSENGERS AND ENERGIZES THEM DURING THE RIDE
- RULE #8 LOVE YOUR PASSENGERS
- RULE #9 DRIVE WITH PURPOSE
- RULE #10 HAVE FUN AND ENJOY THE RIDE

To learn more about or contact Ted, please visit his website @ [www.RealTedTalk.com](http://www.RealTedTalk.com) AND view the sample video @ <https://realtedtalk.com/wp-content/uploads/2026/01/Energy-Bus-1.mp4>

**The Energy Bus is an interactive program facilitated by a certified Jon Gordon professional that gives individuals and leaders the tools to:**

- ✓ Develop a positive mindset
- ✓ Build the culture
- ✓ Share the vision
- ✓ Lead with optimism
- ✓ Transfer belief
- ✓ Expand accountability
- ✓ Overcome negativity
- ✓ Lead with Purpose
- ✓ Enjoy your work

**Participants will create a personalized development roadmap to activate the strategies from The Energy Bus.**

Ted Zotos, Ed.S...John Maxwell, Jon Gordon, and Ben Newman Certified Coach & Speaker