



Zotos Leadership, LLC
54808 Aurora Park
Shelby Township, MI 48316
Cell: 586-291-6586
ted@tedzotos.com
www.RealTedTalk.com

Professional Learning/Coaching

One-On-One Coaching

The coaching sessions will be approximately 60-90 minutes, conducted every 2-4 weeks and call/text anytime. The coaching sessions will concentrate on enhancing the leader's practice; while concentrating on the following areas: self-confidence, leadership skills, people skills, communication skills, and stress management.

The following is a list of some of the topics discussed in coaching sessions, **YOUR** choice of any other current issues/concerns, or topics listed below in Group Coaching:

Personalities (DISC)	6 Mental Toughness Tools	Loose-Tight Discussion	Feedback for Growth
The 5 Agreements	CULTURIZE	Ideal Team Player	Who Not How
Difficult Conversations	Starving Baker (self-care)	PROMISES (true goals)	WHY & CORE VALUES
The Iceberg (integrity)	5 Practices of a Great Leader	Why Managers Fail & Leaders Prevail	The 6 Types of Working Genius

Group Coaching

The collaborative, non-judgmental Group Coaching model allows teams to investigate designated focus areas current to their work. I will provide coordination, leadership, and facilitation for meetings as requested. The sessions will begin with an initial meeting with the leaders to introduce the work and discuss the format. The Group Coaching will be approximately 60-90 minutes in length, depending on the size of the team. Much like the one-on-one coaching sessions, the goal is to enhance professional practice in the following areas: self-confidence, leadership skills, people skills, communication skills, and stress management.

The following are a list of topics discussed in Group Coaching or any topics above:

Big Rocks (priorities)	River & Floods (focus)	Effective Meetings	Professional Learning Communities (PLCs)
Thermostats/Thermometers (adding value)	SUPERCOMMUNICATOR	Attitude is Everything	Dare to Lead: Clear is Kind, Unclear is Unkind
Hope & Habits	The Culture Solution	Valuing Every Person	Growing Leaders
The Energy Bus	The Power of Positive Leadership	The Power of a Positive Team	Amplify Your Influence